

Architecture & Design Scotland
Ailtearachd is Dealbhadh na h-Alba

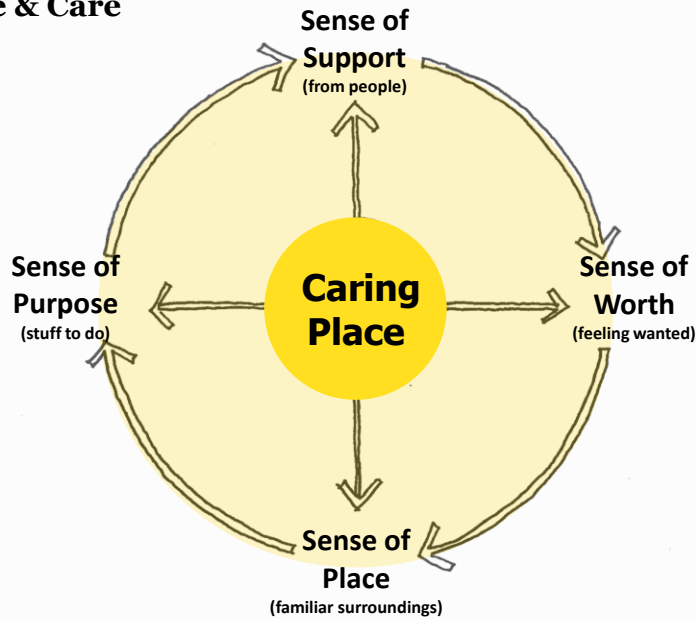
Town Centre Living: *A Caring Place*

November 6th, 2019, ICLRD

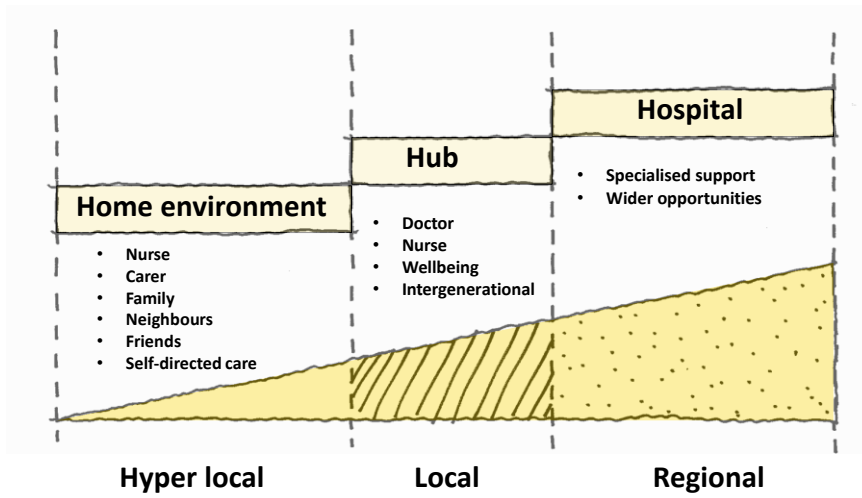


Diarmaid Lawlor, A&DS

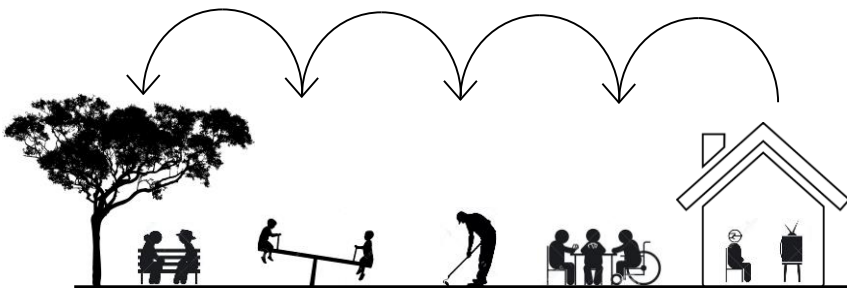
Place & Care



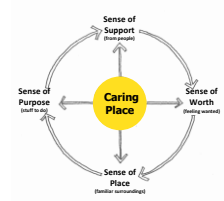
Scales of Support



Quality of experience

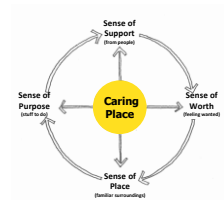


01 Friendly and Accessible Transport



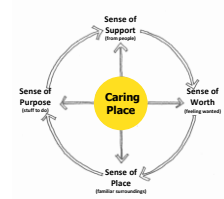
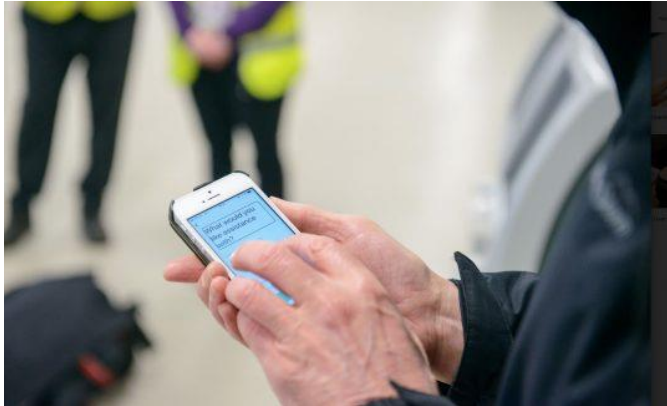
Cycling Without Age (CWA) Scotland

02 Accessible Quality External Environments



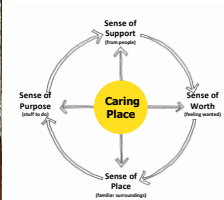
Colquhoun Square Helensburgh

03 Digital and Physical Connectivity



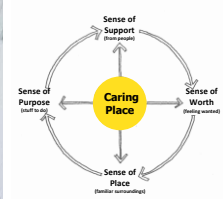
Neatebox
<https://www.neatebox.com>

04 Housing Choice



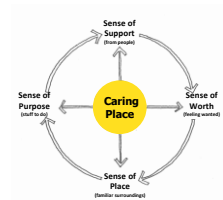
Marmalade Lane, Co-Housing
Cambridge

05 Design for Re-purposing and Integrating Technology



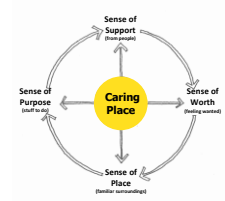
Kindergarten
Münster, Germany

06 Relationships, support and mentoring



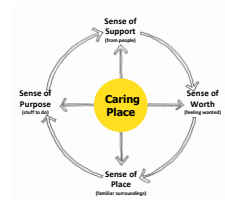
Compassionate Frome
Somerset

07 Accessible and diverse amenities and services



Alexandra Park
Manchester

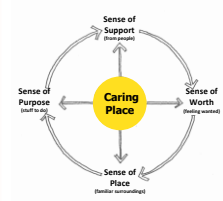
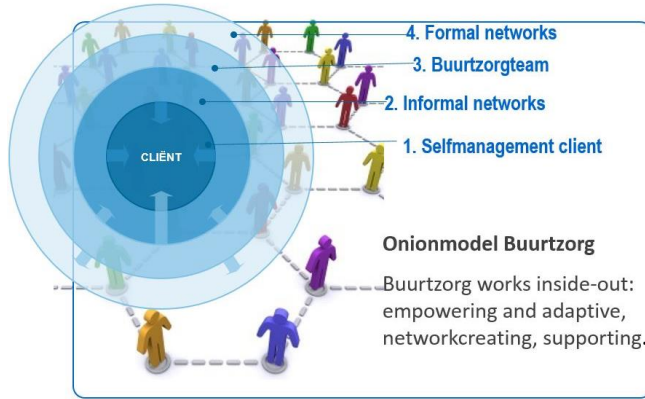
07 Accessible and diverse amenities and services



Old's Cool
Scotland

08

Empowered carers and care models



Buurtzorg Model (Neighbourhood Care) Netherlands / Scotland

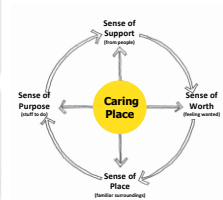
09

Preventive and Holistic Healthcare Options

The poster for 'REALISING REALISTIC MEDICINE' from NHS Scotland features several images of healthcare professionals and patients in various settings, including a car, a clinic, and a community setting. The text includes 'Chief Medical Officer's Annual Report 2015-16', 'REALISTIC MEDICINE', and 'Healthier Scotland'.

A grid of six healthcare improvement questions, each with an icon:

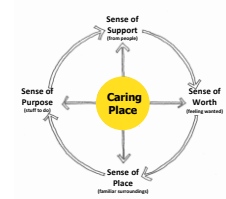
- CHANGE OUR STYLE TO SHARED DECISION-MAKING? (Icon: two people talking)
- BUILD A PERSONALISED APPROACH TO CARE? (Icon: network of people)
- REDUCE HARM AND WASTE? (Icon: crossed-out pills and syring)
- REDUCE UNNECESSARY VARIATION IN PRACTICE AND OUTCOMES? (Icon: syring)
- MANAGE RISK BETTER? (Icon: scales of justice)
- BECOME IMPROVERS AND INNOVATORS? (Icon: lightbulbs)



Realistic Medicine

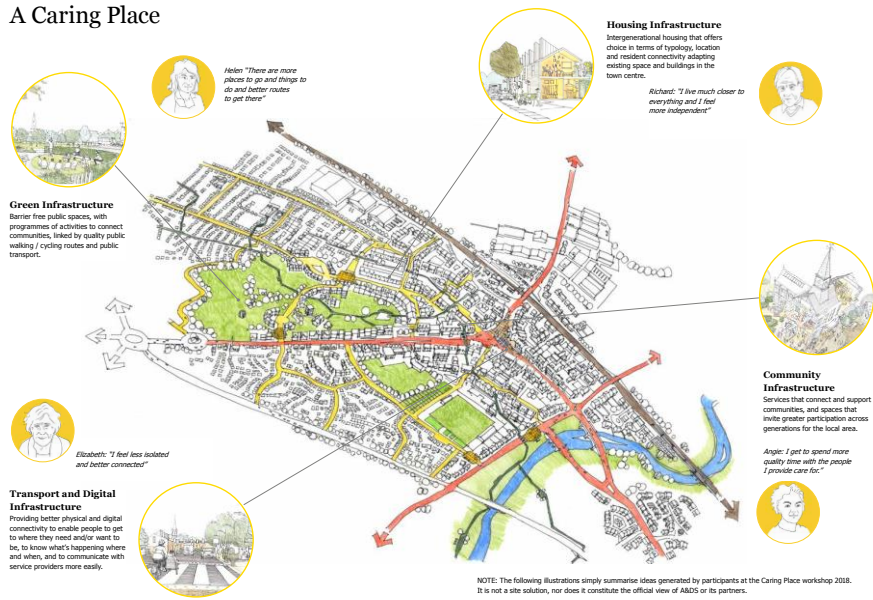
<http://bit.ly/RealisticMedicineReport2016>

10 Opportunities for meaningful work and activities



Mehrgenerationenhaus <http://bit.ly/multigenerationalhouses>

A Caring Place



2. Green Infrastructure



Helen's story:
 I love the outdoors and I'm definitely a people person. I really enjoy being outside and it's important to me that I can easily get to a place where I can disconnect from the hustle and bustle, breathe, walk without worrying about the traffic, and spend a bit of time with friends. The park is really easy to get to as it's just a short walk away from the town centre where I live with my husband Bill. It's also got a great bus service and other lovely walking routes, so it's really handy and my friends have no trouble meeting me here. My family stay close by when they come to visit me, so it's a good spot for us to meet up with them too.

The park has just been redeveloped so that it's a good place to come if you're living with dementia and if you need support from a carer. It has accessible loos, benches, a new café, more accessible walking routes and dementia friendly signage. There's plenty of space for people of all ages, with nice spaces to sit and meet friends. There's even a senior outdoor gym! I'm a retired teacher and sometimes I see groups of schoolchildren being taught outside here, which is lovely to see.



Key

- 1. Community allotments/raised beds.
- 2. Café with outdoor seating and accessible public toilets.
- 3. Activity space and senior outdoor gym.
- 4. Space for outdoor learning.
- 5. Information/technology touch point.
- 6. Quality accessible walking routes connecting to the town centre.

Key principles illustrated: 2, 3, 4, 6, 7, 9, 10

Spatial Illustrations by Richard Carman | Persona Illustrations by Open Change

Architecture & Design Scotland

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