



Planning for Positive Ageing

**Fermanagh & Omagh District Council &
South West Age Partnership**

Allison Forbes & Leza Cleary



- Set up in 1998 by Older People – partnership project of Age Concern and Sperrin Lakeland Trust
- Peer led as local older people wanted a voice
- Became South West Age Partnership in 2010
- Current membership of over 80 groups





Supporting groups
 Active Living programmes
 Developing Fermanagh & Omagh as an Age
 Friendly community – Community Planning
 EDEN
 Grant Aid
 Fermanagh & Omagh Interagency Forum
 ... and much more





SWAP is the action lead for Outcome 2 of the Community Plan 2030 – ***Older People lead more independent, engaged and socially connected lives***

- 2011 Census shows population for FODC was 113,161 with 22,114 (19.5%) aged 60+
- The district is primarily rural with only two large towns, Enniskillen & Omagh. It has 5 towns – Carrickmore, Dromore, Fintona, Irvinestown & Lisnaskea. The rest of the population live in 48 villages or in the countryside.



SWAP and FODC have been working on making Fermanagh & Omagh a more age friendly district since 2015

Early work included the development of an Age Friendly Checklist and an annual conference in the district

In 2018 a round of in-depth consultations began with the older people across the district utilising many different methods including face to face clusters

The Age Friendly Strategy for Fermanagh & Omagh was launched in March 2019 at the Annual Age Friendly Conference





Promoting Positive Ageing in Fermanagh & Omagh



Northern Periphery and Arctic Programme
2014-2020



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Background

Working closely in partnership with Allison and SWAP, FODC have recognised that being such a rural district can lead to increased social isolation and issues with health and wellbeing.

Funding through NPA for PLACE-EE Project & through PHA for a Age Friendly Officer who started in post in September 2019

FODC also sit on the Age Friendly Network NI which are working on making Northern Ireland Age Friendly



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Partners



The Project

These days more and more services are being carried out online from banking and shopping to making doctors appointments and the use of health apps and some people are being left behind which is creating greater isolation and loneliness

FODC decided to run Genealogy & Reminiscence courses as an introduction to the technology in a way that was focusing on more than just learning to use tablets and smartphones but also on building relationships





Areas

The areas to work with were selected based on;

- Access to Services
- % of population over 65yrs

District Electoral Areas with the lowest access to services and the highest percentage of people over 65yrs were;

- Erne West
- West Tyrone





Interagency Forum



- Chaired by an older person
- Statutory bodies
- Funded projects
- Community/Voluntary organisations
- Meets bi-monthly
- Secretariat provided by SWAP





Thank you & any questions?

